

Treatment Menu



IN-HOUSE SIGNATURE RANGE

blkmlk



Optiphi®



SCAN FOR ALL OUR PACKAGE OPTIONS ON OUR WEBSITE

PLEASE NOTE

Kindly arrive 30 minutes prior to your treatment. 100% Cancellation fee will apply to cancellations made within 24 hours of your treatment. Late arrivals will result in a shortened treatment as treatments are allocated to time slots.

HOURS OF OPERATION

Monday: Closed
Tuesday - Friday: 08h00 - 17h00
Saturday: 09h00 - 18h00
Sunday: 08h00 - 17h00

TERMS & CONDITIONS

- Rates are subject to change without prior notice.
- Camdeboo Day Spa welcomes guests from 16 years old.
- The weekday prices are Valid Monday - Thursday, excluding public holidays

CONTACT US

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Beauty Regimen

Facials

	WD	WKND	MINS
Optiphi Hydrate + Repair Facial	950	1050	60
Optiphi Firming Peptides Facial	950	1050	60
Optiphi Radiance Boost Facial	820	950	60
Optiphi Clarity facial	820	950	60
Optiphi Indulgence Renewal Treatment	1690	1890	90
Optiphi 25% & 30% Glycolic Acid peel	820	950	45
Optiphi Active 30/30 Peel	820	970	45

Waxing

	WD	WKND	MINS
Brow wax / chin	150	170	30
Under arm wax	260	290	30
Chest or back wax	325	360	30
Full arm wax	300	345	30
Half arm wax	280	450	15
Full leg wax	400	460	45
Half leg wax	280	320	30
Hollywood wax	450	520	60
Brazilian wax	400	460	45
Bikini wax	280	320	30
Lip wax	110	120	15
Lash tint	100	150	30
brow tint	100	150	30

Manis & Pedis

Classic manicure

Trimming and shaping the nails, filing, cuticle care, an exfoliating hand scrub, a massage of the hand & application of nail polish or shine.

WD WKND MINS

440 495 60

Gel manicure

Trimming and shaping the nails, filing, cuticle care, an exfoliating hand scrub, a massage of the hand & application of gel polish.

690 790 90

Classic pedicure

Soak, trimming and shaping the nails, filing, buffing of dry heels, cuticle care, an exfoliating foot scrub, a massage of the feet & application of nail polish or shine.

490 550 60

Gel pedicure

Soak, trimming and shaping the nails, filing, buffing of dry heels, cuticle care, an exfoliating foot scrub, a massage of the feet & application of gel polish.

690 790 90

On the go gel application

380 450 60

Gel soak off only

225 250 30

Gel on the go Toes

280 320 45

Add on: Mediheel treatment

The Callus Softening Tonic works only on the outer layer of the heel to remove hard skin and calluses from the feet.

350 400 30

Add on: Repolish

180 210 20

Add on: Paraffin wax

225 259 30

Helping the skin to be more supple and soft. When applied to the skin, it adds moisture and continues to boost the moisture levels of the skin after the treatment is complete. It can also help open pores and remove dead skin cells. Makes the skin look fresher and feel smoother.

Taster Menu

	WD	WKND	MINS
blkmlk back / neck and shoulder massage	590	690	30
This treatment is specifically focused on the back, neck & shoulders using our in-house brand, blkmlk body butter, helping to relieve any sore muscles, tension, aches and pain using light to medium pressure whilst melting away any muscle tension using kneading and stroking techniques.			
Soothing scalp and face massage	590	690	30
This treatment consists of a combination of pressure points, stroking and rotation techniques to melt away your cares to a state of total relaxation. The ideal treatment for the relief of tension and headaches, migraines and eye strain.			
blkmlk moisture hand ritual	390	450	30
Warm your hands and your heart with our blkmlk moisture hand ritual. A soothing, relaxing and extremely moisturising treatment for the overworked hands. Leave them feeling soft and smooth - no painting.			
blkmlk moisture foot ritual	390	450	30
Warm your feet and soothe your sole with our blkmlk moisture foot ritual. A super hydrating and destressing treatment for tired feet. Leave them feeling relaxed and rested - no painting.			
File / buff and paint	225	259	20
No time for a full manicure or pedicure? Then the Buff and Go is the perfect recipe for a make-believe manicure or pedicure to create that healthy 'I look after myself' look. Light nail and cuticle maintenance with a quick moisture application then buffed to a shine.			



Massage

	WD	WKND	MINS
Signature blkmlk massage	1490	1690	90
This unique treatment uses a special Soy Oil based candle that heats the oil to a warm temperature that can then be poured onto the skin and massaged in using light to medium pressure kneading and stroking away muscle tension.			
blkmlk back, neck and shoulder massage	690	790	45
This treatment is specifically focused on the back, neck & shoulders using our in-house brand, blkmlk body butter, helping to relieve any sore muscles, tension, aches and pain using light to medium pressure whilst melting away any muscle tension using kneading and stroking techniques.			
blkmlk full body massage	1050	1190	60
This relaxing Swedish massage is a full body treatment from neck to toe using our in-house brand, blkmlk body butter, using light to medium pressure relieving any tension, sore muscles, aches and pains whilst techniques like stroking, kneading, and tapping the body are used to relax the muscles and improve blood flow.			
blkmlk hot stone full body massage	1250	1450	75
Helps relieve muscle tension and pain. Using warm heated stones with light to medium pressure this can penetrate to the belly of the muscle to ease muscle tension and pain as well as increase blood circulation. This massage is a combination of using both hands and heated stones for best results.			
blkmlk twice as nice couples massage	1990	2190	60
This relaxing Swedish massage is a full body treatment for two, side-by-side in the same treatment room from neck to toe using our in-house brand, blkmlk body butter. Light to medium pressure is used, relieving any tension, sore muscles, aches and pains whilst techniques like stroking, kneading, and tapping the body are used to relax the muscles and improve blood flow. (Full body massage for 2).			
blkmlk warrior deep tissue massage	1090	1195	60
This unique massage is administered with the help of a Rungu, a wooden throwing club or baton bearing special symbolism and significance in certain East African tribal cultures. The Rungu is especially associated with Masai male warriors who have traditionally used it in warfare and for hunting. The smooth texture, heavy feel and different surfaces are combined to offer a massage with deep friction, leaving you with thoroughly massaged and stimulated muscles.			

Body Treatment

	WD	WKND	MINS
Mom to be massage	880	1050	60
This relaxing preggy mom massage is a full body treatment from neck to toe that uses our in-house brand, blkmlk body butter, using light to medium pressure relieving any muscle tension and swelling whilst techniques like stroking and kneading the body are used to relax the muscles and improve blood flow. From 12 weeks - 36 weeks.			
Reflexology Aromatic reflexology	520	590	30
The body is interconnected through many pathways. The ancient practice of reflex massage triggers precise pressure points on the feet to eliminate toxins and stimulate the body's circulation. Leave this treatment feeling like you are walking on air!			
Add on: Soy candle	150	165	
Add on: Hot Stones	150	165	
Add on: Aroma oil	150	165	
Add on: Deep tissue	150	165	
blkmlk body exfoliation	690	790	45
Using our in-house brand, blkmlk non-invasive cream scrub, to remove all dead skin cells, leaving your skin silky soft and polishing your body with our blkmlk body butter to further hydrate your skin.			

